

<b>METHODOLOGY</b>  <b>M 6</b>	<b>RESTITUTION</b>
	<b>Tactical methods</b>

Date (05/05/2010)

<b>WHAT IS?</b>	<p>Having presented or discussed a subject in detail, it is often valuable to sum up the findings before continuing with another subject. Restitution is a method that can be used for this purpose. The method (10 to 15 minutes) is used at the end of each sub-session and may be combined with a general session to make a summary of the key points coming from the sub-sessions.</p>
<b>WHY</b>	<p>The method encourages participants to reflect upon the themes and subjects presented and discussed, and put them into a practical perspective. It should also encourage them to initiate individual action plans. Finally, it assesses the impact of the session on the participants: what messages have been most accepted during the training session by participants?</p>
<b>HOW</b>	<p>Restitution collects brief reviews from each participant without engaging in a new group discussion. It is divided into three phases: the 'debriefing' and 'solo' (five minutes each) and 'return' (five to 10 minutes).</p> <p>The debriefing by the facilitator summarises the key points which have evolved during the session and introduce an issue for the participants to evaluate. For example, each participant may be asked to list three IPM techniques discussed during the session that they would be willing to put into practice in the near future.</p> <p>The 'solo' phase allows each participant to choose and formulate his own key points.</p> <p>Finally, the 'return' allows the different key points to be shared between the participants.</p>
<b>WHAT I NEED</b>	<p>You have to prepare a sheet that you'll give to each participant at the beginning of the restitution session. This sheet will be used to write down the different key points of the session or sub-session and to note the participants' <b>engagements</b>.</p> <p>You can make a copy of this sheet, for a follow up meeting or training session, to remember the different <b>engagements</b> of each participant.</p> <p>You can use this during the inter session (see follow-up) when contacting participants to evaluate the level of their <b>engagements</b>.</p>
<b>SOURCES</b>	<p>Orpesa project leaflet</p>